



Sophia L Fellouzis

January 17, 1958 - April 28, 2025

Sophia, age 67, went to be with the Lord on Monday, April 28, 2025. She was a resident of Hammond, LA. Sophia proudly served her country in the United States Navy. She was a servant in every church she attended and was recently a member of New Life Baptist Church in Ponchatoula. Sophia was passionate about serving others at church and participated in the greeting card ministry, handing out gospel tracts, and worked in the J.O.Y. group. She was extremely creative and enjoyed making jewelry and writing poems. Sophia was known for her Greek food, throwing the best birthday parties, and going on epic bike rides with her family. She truly was a loving mother, wonderful sister, and the best grandmother you could ask for. Sophia will be deeply missed.

She is survived by her daughter, Faith Griggs (Jay); son, James Lambrose Tienhaara (Wendie); sister, Debbie Eplin (Mike); grandchildren, Jody, Josiah, Charlie, Michael, Caleb, Marian, Ben, Bobby, and Isaac Griggs, Annie, Ella, John, and Julia Tienhaara; aunts, Nickie Fellouzis, Mary Curtis; nieces, Sara Mast (Aaron), Lauren Rees (Jordan); several grandnieces and grandnephews; and many first cousins.

Sophia was preceded in death by her daughter, Jody Tienhaara; son, John Tienhaara; parents, Lambrose Louis Fellouzis and Dorothy JoAnn Burns; and half-brother, John R. Rayle.

In lieu of flowers the family has asked that donations be made to a Baptist Missionary of your choice.

Relatives and friends of the family are invited to attend the memorial service at New Life Baptist Church at 15499 Wadesboro Rd, Ponchatoula, LA 70454 on Tuesday, May 6, 2025 at 10:00 a.m.

A graveside service will be held on Wednesday, May 7, 2025 at 10:00 a.m. at the Southeast Louisiana Veterans Cemetery in Slidell.

Previous Events

Memorial Service

MAY 6. 10:00 AM (CT)

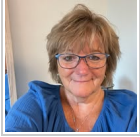
New Life Baptist Church
15499 Wadesboro Rd,
Ponchatoula, LA 70454

Graveside Service

MAY 7. 10:00 AM (CT)

Southeast Louisiana Veterans Cemetery
34888 Grantham College Dr.
Slidell, LA 70460

Tribute Wall



“ This tribute was given at my sister’s memorial service today. Because i Facebook video froze up right before this was spoken. I am publishing here for those who missed it...

My sister, my friend
By Debbie

Sophie and I had an unusual childhood as we lived apart most of the ti due to our parent’s divorce. And also because we weren’t very much alike....We didn’t look like each other, act like each other or have the s interests. She spoke Greek and I didn’t, I got good grades and she did. So you see, It all worked out, we were different, but very much sisters!

Later we were reunited as a family when we were in jr. High School. Li most siblings we fought with each other, but we also defended each ot the bitter end.

We shared a bedroom and one time we were bickering about who was taking up most of the bed and our mother had had enough. She came marching into the room with a sharpie and drew a line down the middle the room and across our blankets and sheets. She then told each of us stay on our own sides. After she left the room we laughed until we wet ourselves, never to bicker about the room again.

Sophie was very competitive and if you ever got in a monopoly game v her..watch out. She was a wheeler / dealer. She would roll up her sleeve blow on the dice and take every one of your properties & hotels with g glee!

Sophie was also a poet. She loved her poetry class and found a creati outlet for her feelings. She was very good and had several poems showcased.

Lastly, Sophie was a certifiable tape-aholic. If anyone ever got a prese from her you know what I mean. She would double and sometimes trip

amount of tape she used. However, I have to say...she made it memorable because opening up the present was as much fun as the present itself. She definitely knew how to make fun and have fun!

After high school we both married, lived in different states, and went out on separate ways. Occasionally we got to visit with each other at our Father's home in Florida.

Our father became ill and we were once again reunited as we cared for him. We grew close during that time, however, The Lord graciously gave Sophie and I this past year to become the closest we have ever been.

We talked almost every day, we did a bible study together over the phone, shared what was going on in our kids and grandkids lives, prayed with each other and had some very deep conversations about our childhood and faith.

I being the older sister would try to impart some deep wisdom to her, but in reality, Sophie taught me much more. She taught me about Joy in the midst of difficult and challenging circumstances. She taught me that having good friends, a loving church and a heart of service to The Lord are the real treasures in this life. She taught me how to forgive and not be bitter when things don't go as planned.

When she moved to Louisiana she experienced both good and bad times and she could have been bitter, but she wasn't...And I believe that she found The Lord during those bad times. By that I mean that she went from "head" knowledge to a "heart" knowledge and serving The Lord was not a duty but a delight to her. She began shining with New Life that everyone could see.

I know that Sophie is seeing her Savior face to face, visiting with family members that have gone on before her and may be trying to talk Peter and Paul into a game of Monopoly!

I have a big hole in my heart Sophie And every time I think of you the tears flow. and I can hardly wait to see you again!

But Until that time comes, I will remember, your greeting on the phone. this is Sophie from Louisiana... your continual request that your friends would get you a "cold drink" or as we Yankees call it a "pop" and finally the wonderful life you had in Louisiana.

You ran the race set before you and you finished strong! Well Done So Well Done!

Debbie Eplin - May 06, 2025 at 05:22 PM

JB

“ *I'm so sorry to her about Sophia. I have not seen her for many years but she was a great cousin when I was growing up. She will be very missed. Love ya Sophia your cousin Jim Burns*

Jim Burns - April 30, 2025 at 11:29 PM

DE

“ *I wish we would have had more time together, Soph. I wish we could have talked, laughed, prayed and just have been with each other a little longer. I hope you will always know how much you meant to me and what a wonder Sister you were! Love you Debbie*

Debbie Eplin - April 30, 2025 at 02:22 PM



“ *Arrive in Style was purchased for the family of Sophia L Fellouzis.*



April 30, 2025 at 01:35 PM